

What is claimed is:

1. An interlabial pad having a size, a weight and flexibility so as to be pinched and held partially or totally in between the labia without forcing, the pad comprising:

a body side face orientated toward a body side and  
an opposite side face to the body side face orientated toward a garment side,

wherein said opposite side face to the body side face has a surface shape ("low friction shape") of low resisting force by sliding with another face, which includes a same face.

2. The interlabial pad according to claim 1, wherein said low friction shape comprises a shape having a substantially small contact area between sliding two faces.

3. The interlabial pad according to claim 1 or 2, wherein said low friction shape comprises a group of fine convex shapes.

4. The interlabial pad according to claim 3, wherein said fine convex shape is an emboss portion processed by an emboss former.

5. The interlabial pad according to claim 4, wherein an emboss rate of said fine convex shape is at least 1% and not exceeding 50%.

6. The interlabial pad according to claim 1 or 2, wherein said low friction shape is made of a fiber assembly.

7. The interlabial pad according to claim 6, wherein said fiber assembly is made of nonwoven fabric.

8. The interlabial pad according to claim 1 or 2, wherein said opposite side face to the body side face is made of a low friction material.

9. The interlabial pad according to claim 1 or 2, wherein a lubricant is applied to said opposite side face to the body side face.

10. The interlabial pad according to claim 1 or 2, wherein said interlabial pad comprises a mini sheet piece.

11. The interlabial pad according to claim 1 or 2, wherein said interlabial pad is an interlabial pad for an incontinence.

12. The interlabial pad according to claim 1 or 2, wherein said interlabial pad is an interlabial pad for absorbing vaginal discharge.

13. A method for reducing a foreign feeling of an interlabial pad wearer by using the interlabial pad of claims 1 or 2.